

Theme Park Packing List

Don't Forget

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|---|--|
| ☐ Small Insulated Backpack | ☐ Phone |
| ☐ Passes/Tickets | ☐ Portable Phone Charger |
| ☐ Small Wallet or Phone | ☐ Flip Flops |
| ☐ Case with Storage | ☐ Park Cups/Sealed Drinks |
| ☐ Zip Top Baggies | ☐ Bandages, Antibacterial |
| ☐ Sunscreen | ☐ Ointment |
| ☐ Hats | ☐ Ibuprofen |
| ☐ Sunglasses | ☐ Daily Meds/Inhaler/EPI |
| ☐ Mint Gum | ☐ Pen (if needed) |
| (bonus: helps nausea) | ☐ Wipes |

Optional

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|--|---|
| ☐ Ice for Backpack/Cooler | ☐ Light Jacket |
| ☐ Snacks | (check the weather) |
| ☐ Umbrella(s)/Ponchos | ☐ Motion Sickness Meds |
| ☐ Mini Fan | ☐ Bug Spray |